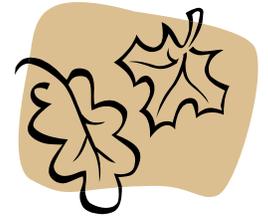


# NEWSLETTER



## “What He Has Done”

*By Pastor Steve Gibson*

Periodically it is good to review what God has done. The first chapter of Genesis is a summary of what God did in creation. We certainly see a review of what God has done in Deuteronomy Chapter 8, as Moses pleads for the people to remember how the Lord led them through the wilderness, fed them with manna, kept their clothes from wearing out, and brought them into a land He had promised to their ancestors.

The prophet Samuel did some reviewing before Saul became king. He reminded the people that it was God who raised up Moses and Aaron, and then delivered His people from the land of Egypt (1 Samuel 12:6). It was God who sent deliverers for His people when they strayed and got into trouble (12:9-11).

Psalm 78 reviews the works of God in the land of Egypt, how He then divided the sea for safe passage, provided a cloud to follow in the day—which became a nightlight after dark, splitting rocks to give water in the desert (vs. 12-15). The Psalmist appeals much as Moses did, that the works of God not be forgotten (v. 7).

In the book of Acts, Stephen included in his message to the council, a review of God’s work in the lives of the patriarchs such as Abraham, Joseph, Jacob, and Moses (Acts 6:15-7:50).

Later in Acts, Paul reviews what God has done in his life, sharing with King Agrippa his testimony (26:1-23). It’s quite clear from other passages that King Agrippa was not the only one to hear those details. Paul was not reluctant to share with others what God had done to turn him around and give him a mission.

Revelation 15 records that those who sing the song of Moses and the song of the Lamb testify that God’s works are great and marvelous (v. 3). It would seem that if we are planning to be part of that choir, it might be well to spend some time practicing now.

What has God done for our church family? He has made a way for us largely to survive the recent virus crisis in our country. He has provided ways of sharing together even if it’s via telephone or the computer. He has protected the place where we meet to worship, so that we can return to fellowship there when the time is appropriate for various church family members.

Only you know specifically what God has done for you in guiding your life to this point. Surely it will be worthwhile to dedicate some time to thinking through some of the things He has done for you. Maybe you could share them with your family. While the month of thanksgiving is still approaching, it’s always the season to glorify God by acknowledging what He has done, is doing, and by His grace, will yet do to bring us safely to His Kingdom. Praise him!

## October

### Women’s Online Retreat

Youtube.com/GoodNewsTVAZ  
October 16, 2020 @ 7 p.m.  
October 17, 2020  
9 a.m., 11 a.m. & 2 p.m.

### Sabbath School

**Adult** in person 10:15-11:15 a.m.  
**Adult** Via Zoom 8:45 a.m.

**Primary and Junior** in person and Zoom  
from church 10:15-11:15 a.m.

### Church Service

In person and Live Stream  
11:30 a.m.

### Prayer Group

Wednesday’s 7:30 p.m.  
Call 1-972-224-6616 Code: 278589

### Great Controversy Reading

Sabbath afternoon @ 3:30 p.m.  
Look for an email with Zoom information.

### Tithes & Offerings

Because of faithful giving we are meeting our budget and our tithe base is normal during this time. Below are a couple of ways you can give your offerings:

Mail to: **Cathy Fields**  
**P.O. Box 15332**  
**Scottsdale, AZ 85267**

Go to [www.desertcovesda.com](http://www.desertcovesda.com) and click on ‘**Online Giving**’ and follow the prompts to give that way.

**OR...**Bring it Sabbath mornings and there will be a box in the hallway to put it in before or after the service.

**Email:** [pastorstevegibson@hotmail.com](mailto:pastorstevegibson@hotmail.com) **Physical Address:** 12400 W Desert Cove Road, El Mirage, AZ 85335

**Mailing Address:** 13954 W. Waddell Road, Suite 103 #616, Surprise, AZ 85379 **Website:** [www.desertcovesda.com](http://www.desertcovesda.com)

# MINISTRY NEWS!

## Upcoming Events & Announcements

### ANGER and ANXIETY

We may associate anxiety with being worried or scared, but some may also feel a sense of anger, something experts say is common, but shouldn't be ignored. With everything that is going on in the world right now it is impossible not to feel some anger and anxiety. It becomes a problem when these two actions or emotional feelings become out of balance to the point of toxicity. We all know that Jesus became angry when he threw the tables over in the temple but we also know that he was correct when he reacted in that manner. Here are some helpful, actionable tips one can try to simmer the anger down. Breathe in and out slowly, admit that one is anxious or angry, evaluate the thoughts, release the anxiety or anger in a healthy way, visualize being calm, think it through, listen to music, and change your focus. The Bible gives clear direction of how to handle such an action. Here are some more management tips, think before you speak, once you're calm, express your anger, get some exercise, go for a long walk, take a timeout, go sit in a corner, identify possible solutions, stick with "I" statements, don't hold a grudge, go kick a rock, use humor to release tension, or throw over the tables like Jesus did. Well, no matter if you're angry or anxious about anything like the current condition of our world, keep your focus on Jesus.

**“Cease from anger, and forsake wrath: fret not thyself in any wise to do evil” Psalm 37:8**

Blessings, Dr. Sylvia Hayashi—Health/Prayer Ministry Leader

### Church is Open!

We have been having open church service since the first Sabbath in September. All has been going well and people have been very good about wearing masks, keeping social distance and using hand sanitizer and washing hands often.

We are now opening up for those who want to attend Adult, Junior and Primary Sabbath School classes in person at the church from 10:15-11:15 a.m. The Adult and Junior Zoom Sabbath school classes will still be at their regular time for those who are not comfortable with returning in person yet.

Church service will continue to be in person and also live streamed at 11:30 a.m. each Sabbath. We had about 24 people the first week and it has grown each week to 43 or so the last Sabbath of September.

We are looking forward to the day when we can all be back in church worshipping together and building our friendships again.

### Ultra Creamy Vegan Stroganoff

<b>Sauté:</b>	1/2 cup diced onion 4 cloves minced garlic	2 1/2 cups sliced button mushrooms 1-2 T olive oil
<b>Blend:</b>	1/2 cup raw cashews 2 T corn starch 1 T onion powder 1 T vegan Worcestershire sauce 2/3 cup canned coconut milk	3 cups vegetable broth 2 T Braggs Liquid Aminos or Soy Sauce 2 T nutritional yeast flakes 1 tsp Dijon mustard added salt and pepper to taste

1. In a large skillet or stock pot, sauté sliced mushrooms, diced onion, and minced garlic in olive over medium heat until onions are clear and soft.
2. While mushroom mixture is sautéing, blend together cream sauce ingredients until completely smooth.
3. Pour cream sauce over sautéed mushroom mixture and stir to combine. Add vegan meat substitute if you want a protein.
4. Heat sauce over medium heat stirring frequently until thickened and creamy!

Use over noodles, rice, quinoa or something of your choice.