

NEWSLETTER



“Prayer Time”

By Pastor Steve Gibson

Our gracious God is One who hears and responds to the prayers of people. It was in response to the prayer of Elijah that God demonstrated His power and care for His people (1 Kings 18:36-38). In response to the prayer of Solomon, God again sent fire down from heaven and the glory of the Lord filled the temple (2 Chronicles 7:1). In response to Jesus’ prayer, the glory of God was revealed to His disciples on the mountain (Mark 9:1-4). We are familiar with the concept of a prayer-answering heavenly Father.

However, we want to go beyond just accepting a concept, and instead make it a meaningful part of our lives. How do we do that with the gift of prayer?

One means of involving prayer in our plans is to participate in the 10 days of prayer organized by our wider church. Information is available in detail at www.tendaysofprayer.org.

Yet for those who may not have access to online information, here is a brief overview of the 10 days:

They are scheduled from January 8-18, 2020, with the theme Seeking God’s Spirit. The key text is Acts 4:31. “When they had prayed, the place where they were assembled together was shaken, and they were all filled with the Holy Spirit, and they spoke the word of God with boldness” (NKJV).

The first day’s prayer focus is Our Need of the Holy Spirit. Each day has a specific focus for prayer, culminating with the tenth day’s theme of Abiding in the Holy Spirit. Would you consider joining with others around the world as we step into a new year anticipating the daily coming of the spirit as well as the Second Coming of the Lord together?

Another resource for prayer suggestions is found at www.revivalandreformation.org.

There is an invitation at this site to join with others in praying for 100 days prior to our church’s General Conference Session in Indianapolis, Indiana. The dates for prayer are March 27-July 4, 2020. Our world church meets every five years to conduct official business, share ideas, and gain inspiration for mission around the world. Would you join in seeking God’s guidance for this session?

Other resources on this website include a daily Bible reading guide as well as the option to listen to the assigned passage of Scripture. It is as we join together in study of the Bible and prayer that we are united in our appreciation of God’s ability to work in this world to provide salvation to people whose hearts are open.

Would you be among those who are praying for God’s power to be demonstrated in this new year?



January 2020 Highlights

Women’s Ministry Meeting

January 4th after lunch

Prayer Vigil

January 4th from 5-6 p.m.

Elder’s Meeting

January 9th @ 6:30 p.m.

Church Board Meeting

January 9th @ 7 p.m.

Social Committee Meeting

January 11th after lunch

Jaime Jorge Concert

January 17th @ 7 p.m.

Community Service Meeting

January 18th after lunch

Men’s Ministry Breakfast/Meeting

January 19th at 8 a.m.

Health Ministry Meeting

January 25th after lunch

Church Vespers & Social

January 25th @ 5 p.m.

Church Work Bee

January 26th from 8-10 a.m.

Prayer Group & Bible Study

Wednesday’s at 7 p.m.

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MINISTRY NEWS!

Upcoming Events & Announcements

Thyroid/Metabolism

This article has valuable information regarding Thyroid/Metabolism since so many individuals are having problems with this particular organ. To begin with, the Thyroid is a very powerful organ. It controls how quickly your body burns calories and uses energy. If your thyroid does not have enough thyroid hormones, your body slows down. For example, blood pressure, circulation, energy, metabolism and temperature will work slower than usual. If your thyroid is making too much thyroid hormones then it speeds up and every system goes into overdrive. In order to have a healthy thyroid, one needs iodine and the amino acid tyrosine. Seaweed is a good source. Also, foods that contain selenium, calcium, zinc, and vitamins A, C E and B complex are good for the thyroid. Broccoli, brussel sprouts, cabbage, and kale are also great foods to eat. It is also a good idea to invest in a water filter. Fluoride and chlorine, both present in tap water, aren't good for the thyroid. It is advisable to use non-fluoride toothpaste. It is also important to exercise for your overall metabolism.

“Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul.” 3 John 2

May you all have a blessed healthy New Year,
Health/Prayer Ministry Leader, Dr. Sylvia Hayashi

Prayer Vigil



Prayer is an awesome thing. We get to praise our Creator, thank Him for things he has done for us and ask for blessings, healing or for things we just cannot handle on our own. Sometimes we just need to talk to someone who we know loves and cares for us. Join us January 4, 2020 from 5-6 p.m. for our prayer vigil. You will definitely be blessed.

Jaime Jorge Concert

Desert Cove is hosting a concert by Jaime Jorge, world renowned violinist, on Friday evening, **January 17th at 7 p.m.** Be sure to invite your friends and family. If you've never heard Jaime in concert before, you will be blessed.

Church Social & Vespers

January 25, 2020 5 to 8:30 p.m.
Come join us for vespers at 5 p.m. then an Oriental/Asian meal and games, games, games. Look for a flyer.

Awesome Vegan Roast

1 1/2 cups canned white beans, drained and rinsed	1 cup oil packed artichoke hearts, squeezed to remove oil
4 cloves garlic	1/4 cup nutritional yeast
2 T Tamari or soy sauce	3/4 tsp dried sage
3/4 tsp fresh or dried rosemary	3/4 tsp dried thyme
2 T Vegan Chicken base bouillon	1/2 cup water
256 g (about 2 cups) Vital Wheat Gluten (this recipe works perfectly if you weigh your gluten flour)	

1. Preheat oven to 400°F.
2. In your food processor place the beans, artichoke hearts, garlic, nutritional yeast, tamari or soy sauce, sage, rosemary, thyme, Vegan chicken bouillon and water. (if your vegan chicken seasoning is not a paste, dissolve it in the water first).
3. Turn the food processor on and process until well combined and smooth looking. Very small lumps are okay.
4. Add the vital wheat gluten to the food processor and pulse until a dough is starting to form then tip out onto a clean surface. Bring it together with your hands and knead for 7 minutes. You can knead in a stand mixer if you prefer not doing it by hand, but **don't use your food processor to knead**. By the time you have finished kneading, the dough should be starting to look fibrous.
5. Shape the dough into a log shape roughly 8 1/2 inches long and 3-4 inches wide.
6. Get a long piece of foil (about 20 inches long) and place the roast right at the end of it, long side of the roast along the shortest side of the foil. Roll it up in the foil. Keep rolling it until you reach the end, so that the roast is surrounded by a few layers of foil. Then twist each end tightly shut so it is protected.
7. Place the roast onto a baking tray and place on the middle rack of the oven and bake for 35 minutes. Turn it over and bake for another 35 minutes. Remove from the oven and let it rest in the foil for at least 30 minutes before opening and slicing.